

# FARNBOROUGH Week 1

## MONDAY

Chicken Jambalaya  
Bombay Potatoes  
Pea & Mushroom  
Masala

OR

Thai Style Jasmine  
Rice & Quorn  
Bombay Potatoes  
Pea & Mushroom  
Masala

Berry Crumble Bars  
Custard

## TUESDAY

Beef Lasagne  
Sliced Garlic Potatoes  
Green Beans  
Garlic Slice

OR

Quorn Biryani  
Green Beans  
Baton Carrots  
Garlic Slice

Courgette Brownie

## WEDNESDAY

Roast Pork  
Stuffing  
Creamed Potatoes  
Roast Vegetables

OR

Vegetarian Mince Roll  
Creamed Potatoes  
Roast Vegetables

Cocoa & Coconut Tray  
Bake  
Custard

## THURSDAY

Aloo Keema Curry  
Fresh Broccoli  
Steamed Rice

OR

Curried Vegetable  
Pasty  
Fresh Broccoli  
Paprika Potatoes  
Cauliflower

Mixed Berry and Apple  
Cobbler  
Custard

## FRIDAY

Salmon fish Cake  
Chips  
Garden Peas or  
Beans

OR

Spicy Sweetcorn  
Fritters  
Chips  
Garden Peas or  
Beans

Butterfly Cakes

# FARNBOROUGH Week 2

## MONDAY

Beef Chow Mein  
Garden Peas  
Green Cabbage

OR

Cauliflower Cheese  
Garden Pease  
Green Cabbage  
Chive Crushed Potatoes

Apple & Coco Sponge

Custard

## TUESDAY

Chicken with Pepperoni  
& Pasta  
Green Beans  
Garlic Slice

OR

Vegetarian Curry &  
Rice  
Garlic Slice

Chocolate Fudge  
Sponge

Custard

## WEDNESDAY

Roast Beef  
Creamed Potatoes  
Yorkshire Pudding  
Baton Carrots

OR

Roast Pepper Quiche  
Creamed Potatoes  
Fresh Broccoli  
Baton Carrots

Cornflake Tart

Custard

## THURSDAY

Jerk Chicken  
Bang Bang Cauliflower  
Fresh Broccoli  
Vegetable Rice

OR

Vegetable Hot Pot  
Jerk Chicken  
Bang Bang Cauliflower  
Fresh Broccoli  
Vegetable Rice

Spiced Berry Pudding

Custard

## FRIDAY

Battered Fish  
Baked Beans  
Or  
Garden Peas  
Herby Dice

OR

Sweet & Sour  
Vegetable Noodles  
Baked Beans  
Or  
Garden Peas  
Herby Dice

Decorated  
Shortbread Biscuit

# FARNBOROUGH Week 3

## MONDAY

**Creamy Mustard  
Chicken Tray Bake  
Fresh Broccoli  
Baton Carrots  
Vegetable Rice**

**OR**

**Cauliflower Rice Tray  
Bake  
Fresh Broccoli  
Baton Carrots  
Vegetable Rice**

**Steamed Jam Roll  
Custard**

## TUESDAY

**Chilli Wedge Bake  
Roast Vegetables  
Steamed Rice  
Naan Bread**

**OR**

**Vegetarian Curry  
Roast Vegetables  
Steamed Rice  
Naan Bread**

**Iced Carrot Cake  
Custard**

## WEDNESDAY

**Roast Chicken  
Roast Parsnips  
Baton Carrots  
Stuffing  
Creamed Potatoes**

**OR**

**Louisiana Mac & Cheese  
Roast Parsnips  
Baton Carrots**

**Pear & Syrup Sponge  
Custard**

## THURSDAY

**Honey Beef Noodles  
Green Beans  
Garden Peas  
Garlic Slice**

**OR**

**Thai Style Jasmin Rice  
& Quorn  
Green Beans  
Garden Peas  
Garlic Slice**

**Cherry Sponge  
Custard**

## FRIDAY

**Battered Fish  
Baked Beans  
Or  
Garden Pease  
Oven Wedges**

**OR**

**Quorn Taco  
Baked Beans  
or  
Garden Peas  
Oven Wedges**

**Decorated  
Chocolate Muffin**