



FARNBOROUGH
SPENCER ACADEMY

PSHE at Farnborough Spencer Academy

Curriculum Overview

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1. Curriculum Statement

PSHE at The Farnborough Academy will ensure that young people are **healthy, happy and safe**. The curriculum aims to prepare all pupils for the opportunities, responsibilities and experiences of life which they will be face when leaving the academy.

'Healthy, happy and safe' is the thread which runs through each of the units delivered at both KS3 and KS4. We want the pupils to all 3 of these when making decisions which not only concern themselves, but also those which impact others. For example, be healthy, happy and safe in the decisions they make concerning money and in relationships.

Through PSHE education, pupils will develop personal skills and attributes including: resilience; empathy and compassion; respect for others; employability skills; enterprise skills; valuing and respecting diversity; organisation and time management and decision making.

2. Principles

In PSHE students learn by:

- Discussion activities – Pupils are given the time to discuss their own understanding of a topic/issue
- Interpretation – Pupils consider how certain things can be interpreted in lots of different ways.
- Knowledge retrieval – Pupils are regularly asked to retrieval knowledge from previous lessons
- Evaluating – pupils regularly have to consider whether they agree or disagree with a particular concept
- Spiral curriculum – this allows for pupils to connect their previous learning with their future learning

3. Key Stage 3 Content

Humanities lessons

Year 7

- RSE
- Bullying
- British Values
- RSE
- Substance awareness

Year 8

- Healthy lifestyles
- RSE
- Prejudice and discrimination
- British values
- RSE

FTL

Year 7

- Healthy lifestyles
- Mindfulness
- Gangs and teen crime

Year 8

- Staying safe
- Employability
- Consent

Year 9

- Online safety
- Mindfulness
- County lines

Year 9

- Finance education
- Substance awareness
- Staying safe
- RSE
- RSE

4. Key Stage 4 Content

Year 10 – FTL

- British values
- Finance Education
- Honour violence and unhealthy relationships
- Beliefs

Year 11 – FTL

- CV and college applications
- Healthy lifestyles – including time management and managing anxiety
- Revision and study skills

Year 10 – Drop down days (3 days)

- Drug awareness
- Employability and CV writing
- RSE

Year 11 – Drop down day (1 day)

- RSE

5. Extra-Curricular

- External visitors where possible – in person
- Outside agencies to be used where possible to deliver assemblies